



## Monroe Livingston Region Program Agency

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To: All ALS Providers

From: Jeremy T. Cushman, MD, MS, EMT-P *JT Cushman*  
Regional Medical Director

Date: June 14, 2013

**Re: Advisory 13-07: Protocol 2.20 – Nausea/Vomiting Protocol Clarification**

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Protocol 2.20 – Management of Nausea and Vomiting has been clarified. Ondansetron (Zofran) may be administered by the intramuscular (IM) route. This was inadvertently omitted from the published version of the protocol. The updated protocol is attached which now includes the intramuscular route for Ondansetron (Zofran) administration and is updated on [mlrems.org](http://mlrems.org) as well.

With any questions, please do not hesitate to contact the Regional Program Agency.

## 2.20 NAUSEA / VOMITING

### CRITERIA

Patient with uncontrolled nausea/vomiting and no evidence of head injury:

1. Attempt to treat cause of the nausea.

### EMT STOP EMT-I STOP

2. If nausea unrelieved by other interventions:

Promethazine (Phenergan) 6.25-12.5 mg IV/IO diluted in 50-100 mL NS and given over 10 minutes.

OR

Ondansetron (Zofran) 4 mg IV/IO/IM.

3. If dystonic reaction (torticollis/stiff neck, back spasm, agitation) occurs, give:

Diphenhydramine (Benadryl) 25 mg IM/IV (May repeat once).