

**Monroe-Livingston Region  
Refusal of Treatment/Transport Policy**

**DRAFT – NOT FOR CLINICAL USE**

**Purpose:**

This policy outlines the evaluation of a patient refusing treatment or transport and the documentation expected when obtaining such a refusal.

**Policy:**

**Overview**

A patient is defined as a person encountered by EMS personnel with an actual or potential injury or medical problem. “Encountered” refers to visual contact with the patient. These persons may have requested an EMS response or may have had an EMS response requested for them. Due to the hidden nature of some illnesses or injuries, an assessment should be offered and performed on all patients. For patients initially refusing care, an attempt to evaluate the individual, even if only by visual assessment, is expected and must be documented.

**Evaluation**

The evaluation of any patient refusing medical treatment or transport should include the following:

1. Visual Assessment – To include responsiveness, level of consciousness, orientation, obvious injuries, respiratory distress, and gait.
2. Primary Survey – Airway, breathing, circulation, and disability.
3. Vital Signs – Pulse, blood pressure, respiratory rate and effort. Pulse oximetry and/or blood glucose when clinically indicated.
4. Secondary Survey – As dictated by the patient’s complaint (if any).
5. Medical Decision Making Determination – As defined below.

Patients at the scene of an emergency who demonstrate capacity for medical decision making shall be allowed to make decisions regarding their medical care, including refusal of evaluation, treatment, or transport. In order to ensure that a patient exhibits the capacity for medical decision making, the patient must have the ability to understand the nature and consequences of their medical care decision. A patient who is evaluated and found to have any one of the following conditions, shall be considered incapable of making medical decisions regarding care and/or transport and shall be transported to the closest appropriate medical facility under implied consent:

1. Altered mental status from any cause including altered vital signs, influence of drugs and/or alcohol, presumed metabolic causes (ingestion, hypoglycemia, stroke, etc), head trauma, or dementia.

2. Age less than 18 unless an emancipated minor.
3. Attempted suicide, danger to self or others, or verbalizing suicidal intent.
4. Acting in an irrational manner, to the extent that a reasonable person would believe that the medical capacity to make decisions is impaired.
5. Severe illness or injury to the extent that a reasonable and medically capable person (or, for a pediatric patient, the parent/guardian) would seek further medical care.
6. When placed under Mental Health Arrest by a sworn law enforcement officer.

Patient consent in these circumstances is implied, meaning that a reasonable and medically capable adult would allow appropriate medical treatment and transport under similar conditions. Providers who identify a patient requiring transport under implied consent and are refusing to do so may require Medical Control consultation and Law Enforcement involvement to ensure the patient is transported to an appropriate emergency facility for evaluation. Medical care should be provided according to the most recent edition of the Monroe-Livingston Regional EMS Standards of Care.

Patients exhibiting the following at risk criteria should receive particular attention to an appropriate evaluation and risk/benefit discussion prior to not transporting and should receive medical control consultation prior to obtaining a refusal:

1. Age greater than 65.
2. Pulse > 110 or <60.
3. Systolic blood pressure >200 or <90.
4. Respirations >30 or <10.
5. Serious chief complaint (chest pain, SOB, syncope).
6. Significant mechanism of injury or high suspicion of injury.

Patients exhibiting medical decision making capacity and wishing to refuse care/transport may do so after the provider has assured the following have been completed:

1. Determined the patient exhibits decisional capacity to refuse care/transport.
2. Offered transport to a hospital.
3. Explained the risks of refusing care/transport.
4. Explained that by refusing care/transport, the possibility of serious illness or death may increase.
5. Advised the patient to seek medical attention and gave instructions for follow-up care.
6. Confirmed that the patient understands these directions.
7. Ensured that the patient signed the Refusal of Treatment/ Transport Form or documented why it was not signed.
8. Left the patient in the care of a responsible adult when possible.
9. Advised the patient to call 911 with any return of symptoms or if they wish to be re-evaluated and transported to the hospital.

## **Medical Control**

The EMS provider should consider consulting Medical Control if the patient does not wish transport. The purpose of the consultation is to obtain a “second opinion” with the goal of helping the patient realize the seriousness of their condition and accept transportation. Medical consultation is highly recommended for the following:

1. The provider is unsure if the patient is medically capable to refuse treatment and/or transport.
2. The provider disagrees with the patient’s decision to transport due to unstable vital signs, clinical factors uncovered by the assessment, or the provider’s judgment that the patient is likely to have a poor outcome if not transported (See at risk criteria, above).

Medical Control consultation is required for the parent or legal guardian refusing transport of a child being evaluated for an Acute Life Threatening Event (ALTE).

## **Documentation**

Patient refusals are the highest risk encounters in clinical EMS. Careful assessment, patient counseling, and appropriate Medical Control consultation can decrease non-transport of high-risk refusals. Paramount to the decision-making involved in a patient refusal of treatment and/or transport is the documentation of that refusal.

Documentation is expected to include:

1. Documentation of the provider’s assessment, the treatment provided, reasons for refusal, and Medical Control consultation as appropriate on the Prehospital Care Report.
2. Completion of the Monroe-Livingston EMS Region Refusal of Treatment/Transport Form:
  - a. Identify the agency name.
  - b. Identify the date of the incident.
  - c. Appropriately mark the boxes indicating Medical Capacity Determination. Any boxes checked “yes” indicate that the patient cannot refuse treatment and/or transport as they lack decision making capacity.
  - d. Identify any Absolute On-Line Medical Control criteria and any high risk criteria that may benefit by Medical Control Consultation.
  - e. Identify the reason for refusal of care and/or transport and directions for follow-up care.
  - f. Print, sign, and indicate the provider’s EMT number after completing the items on the Patient Refusal Checklist.
  - g. Have the patient print, sign, date, and time the release form.
  - h. Have a witness sign the release form.
3. Provide the patient with a Patient Refusal Information Card

4. Attach the refusal form to the PCR (electronically or paper)

For agencies using an electronic medical record and a device capable of capturing patient and provider signatures electronically in the field, the agency may use a modified Monroe-Livingston EMS Region Refusal of Treatment/Transport Form for use on such an electronic device as approved by the Regional Medical Director or his/her designee.

Associated Documents:

1. MLREMS Refusal of Treatment/Transport Form
2. MLREMS Refusal of Treatment/Transport Information Card

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