



Mental Health Alternative Destination Protocol

ALL of the following criteria **must** be met in order to initiate transport to the Rochester Regional Health Behavioral Health Access and Crisis Center (BHACC) located at 65 Genesee Street:

- Between 9 am and 8 pm
- Age \geq 18
- Not under MHL §9.45
- Ambulatory without assistance
- Primarily psychiatric (depressed, anxious, suicidal thoughts) or substance use disorder complaint (desire for rehabilitation/treatment)
- No primary medical or trauma complaint (chronic ailments are not a consideration unless presenting as primary concern), or signs of obvious injury requiring treatment (sutures, fractures, etc.)
- Do not appear intoxicated (lack of decisional capacity or not ambulatory)
- No concern for overdose or ingestion
- No history of violence
- Do not require physical restraint
- Law enforcement does not require notification prior to facility discharge
- Vital signs are within the following ranges:

GCS 15

Pulse 50 - 120

Respiratory Rate 12 - 24

Systolic BP 90 - 200

Diastolic BP $<$ 120

SpO₂ $>$ 92% Room Air

BG 60 - 300 (in known/suspected diabetic)

If **ANY** of the above criteria are not met, the patient cannot be transported to the BHACC and should be transported to the most appropriate emergency department.

Before transporting patients who meet these criteria and agree to transport to the BHACC, contact the facility at 585-368-3950 to confirm the facility is accepting patients at that time.

All patients may be transported to the BHACC who meet these criteria regardless of current / prior hospital system care affiliation.